

## Benefits of Massage Therapy

- reduces pain
- reduces stress, depression, anxiety, and irritation
- loosens muscle tightness
- improves sense of well-being
- stimulates all systems of the body
- decreases and prevents swelling/edema
- improves sleep and appetite



## Danielle Bloomer, LMT

Graduate of Monroe Community College with Degree in Massage Therapy. New York State Board Licensed. Clinical experience with Geriatric patients. Additional training in Pregnancy Massage, Deep Tissue Massage and Swedish Massage. Reiki Level II Practitioner.



Call for appointment  
(515) 483-2000



## Blossom View Outpatient Therapy Center



Now Offering  
Massage Therapy

47 Maple Ave., Suite 300  
Sodus, NY 14551  
(515) 483-2000